

# Family Resource Guide



# Hi!

# We're

# here

# to help.



## **FAMILY COMMUNITY RESOURCE CENTER**

The FCRC is here to serve any Camas School District student in need:

- Urgent clothing, shoes, coat needs
- Backpacks/school supplies
- Community resources and partnerships
- Assistance for parents and students to access educational programs and other self-sufficiency programs (FAFSA, job access partnerships, etc.)
- Community and volunteer opportunities

Students experiencing homelessness meet McKinney-Vento eligibility:

- Free Lunch
- Transportation to school of origin
- Tutoring

Students currently in foster care:

- Coordination with DCYF (best fit)
- Free Lunch
- Transportation to school of origin



**Contact:**

Brenda Schallberger  
*FCRC Coordinator, McKinney-Vento Liaison, Foster Care Liaison*  
brenda.schallberger@camas.wednet.edu • 360-833-5612  
camas.wednet.edu/family-community-resource-center

## **STUDENT WELLNESS PROGRAM**

Camas School District offers numerous resources that contribute to student wellness. To expand our reach even further, in 2017 the Student Wellness Program began. We can-and must-support each student on a path to a hopeful future.

Today, we extend an ever-evolving umbrella of support for students, families, and staff. We create opportunities for students at every grade level to develop experiences, expression, relationships, and emotional-management skills that will lead to healthful daily living.



**Contact:**

Jennifer McMillan  
Social-Emotional Wellness Liaison  
jennifer.mcmillan@camas.wednet.edu  
camas.wednet.edu/schools-resources/resources/student-wellness-program



## COMMUNITY EDUCATION & CHILDCARE

Scholarships are available on a case by case basis for all CSD programs. Please call to request.

### Community Education Classes

360-833-5544  
camascommunityed.org

### Jack, Will and Rob (JWR) Childcare (grades 3-5)

360-833-5610  
camascommunityed.org

### ZAC Camas Extended Day (CED) Childcare (grades K-2)

360-833-5547  
camascommunityed.org

## CHILDCARE/EARLY LEARNING

Camas Montessori  
360-834-7434  
camasmontessori.com

### Camas School District Preschools

360-335-3000  
bit.ly/CSDEarlyLearning

Childcare Aware  
childcareawarewa.org

Children's Center  
360-699-2244  
thechildrenscenter.org

Children's Home Society  
360-695-1325  
chs-wa.org

Clark College  
360-992-2000  
clark.edu/childcare

Early Care  
360-750-7500  
esd112.org/ece

Evolutions Preschool  
360-608-8387  
evolutionspreschool.com

The Goddard School of Vancouver  
360-253-2988  
goddardschool.com

Head Start-EOCF(Educational Opportunities for Children and Families)  
360-567-2720  
eocfwa.org

The Heights Learning Center Community Preschool  
360-833-5547  
camascommunityed.org

Kiddie Academy  
360-450-6778  
kiddieacademy.com/  
academies/vancouver-fishers-landing

Tree Hill Learning Center  
360-833-1230  
treehillkids.com

Vega Preschool  
360-834-7424  
vegagym.com



## CLOTHES AND FURNISHINGS

Camas Family Community Resource Center (FCRC)  
360-833-5612  
2033 NE lone St. Camas  
Monday - Friday by appointment only

The Giving Closet  
360-993-4800  
givingcloset.org

Goodwill Vancouver  
360-896-3131  
1200 SE 162nd Ave.  
Vancouver

Inter-Faith Treasure House  
360-834-5786  
91 C St. Washougal  
Call for store hours.

The Salvation Army  
360-835-3171  
1612 I St. Washougal  
Tuesday-Friday  
9am-4pm  
Call to verify status of store hours.



## EMPLOYMENT SERVICES

Clark College Pathways  
360-992-2747  
clark.edu/guided-pathways/index.php

Goodwill/Job Connection  
360-687-2444  
meetgoodwill.org

Hunger For Success  
360-435-7447  
helpH4S.org

NEXT  
For youth ages 16-24  
360-207-2628  
nextsuccess.org

Partners in Careers  
360-696-8417  
partnersincareers.org

Work Source  
360-735-5000  
worksourceswwa.com



## FINANCIAL ASSISTANCE

Camas Family-Community Resource Center  
360-833-5612  
Call for navigation of local financial resources.

Clear Point Credit Counseling Solutions  
1-800-750-2227  
clearpoint.org

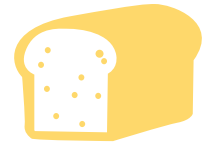
Dollar For Medical Debt Relief  
dollarfor.org

Salvation Army Eviction Prevention  
360-835-3171

Social Security and SSI  
1-800-772-1213  
secure.ssa.gov/ICON/main.jsp (Case sensitive)

St Vincent de Paul Camas-Washougal  
360-834-2126 Ext. 251  
Vancouver  
360-694-5388

Washington State Department of Social and Health Services  
1-877-501-2233  
dshs.wa.gov



## FOOD RESOURCES

Camas Friends Church  
1004 NE 4th Ave. Camas  
360-834-2446  
Wednesdays & Sundays:  
12:30pm-3pm

East County Family Resource Center  
Managed by Children's Home Society.  
360-835-7802  
1702 C St. Washougal  
Monday-Friday 9am-5pm

Family-Community Resource Center  
Located inside of the Jack, Will, & Rob Center  
2033 NE lone St. Camas  
360-833-5612  
By appointment only.

**Inter-Faith Treasure House**  
91 "C" St. Washougal  
360-834-5786  
Monday-Friday 10am-2pm

**Refuel Washougal**  
Washougal Community Center  
1681 "C" St. Washougal  
Free meal, Fridays 4pm-6pm

**Salvation Army**  
1612 "I" St. Washougal  
360-835-3171  
Tuesday-Friday 9am-4pm



## GOVERNMENT ASSISTANCE

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**State Insurance/Food Stamps Application**  
**Washington Connection:**  
[washingtonconnection.org](http://washingtonconnection.org)  
**WA 3rd District Representative:**  
[JHB.house.gov/coronavirus](http://JHB.house.gov/coronavirus)



## HOUSING & SHELTERS

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**Family Promise of Clark County**  
360-210-5165  
[familypromiseofclarkco.org](http://familypromiseofclarkco.org)

**Housing Solutions Center Hotline**  
360-695-9677  
Call for shelter, housing, or rental assistance.

**HUD Exchange**  
[hudexchange.info/housing-and-homeless-assistance](http://hudexchange.info/housing-and-homeless-assistance)

**Oak Bridge Youth Shelter**  
360-891-2634  
[janusyouth.org/programs/washington-state](http://janusyouth.org/programs/washington-state)

**SeaMar Family Housing**  
206-788-3293  
[seamar.org/vancouverhousing](http://seamar.org/vancouverhousing)

**Share, Incorporated**  
360-695-7658  
[sharevancouver.org](http://sharevancouver.org)

**Vancouver Housing Authority (Section 8)**  
360-694-2501  
[vhausa.org](http://vhausa.org)



## LEGAL SERVICES

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**Clark County Volunteer Lawyers Association**  
360-695-5313  
[ccvlp.org](http://ccvlp.org)

**Family Court Services**  
360-397-2326  
[clark.wa.gov/superior-court/family-court-services](http://clark.wa.gov/superior-court/family-court-services)



## MEDICAL

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**Affordable Healthcare Act**  
1-855-923-4633  
[wahealthplanfinder.org](http://wahealthplanfinder.org)

**Children with Special Health Care Needs Program**  
564-397-8440  
[clark.wa.gov/public-health/children-and-youth-special-health-care-needs](http://clark.wa.gov/public-health/children-and-youth-special-health-care-needs)

**Clark County Public Health**  
360-397-8000  
[clark.wa.gov/public-health](http://clark.wa.gov/public-health)

**Free Clinic of SW WA/Emergency Prescriptions**  
360-313-1395  
[freeclinics.org/services/medical-services/medication-assistance](http://freeclinics.org/services/medical-services/medication-assistance)

**HIV/AIDS Hot Line**  
1-800-272-2437

**New Heights Clinic (call for appt/no cost)**  
360-694-0355  
[newheights.org/new-heights-clinic](http://newheights.org/new-heights-clinic)

**Pathways Pregnancy Clinic**  
360-834-2829  
[pathways180.com](http://pathways180.com)

**SHIBA Medicare Advice**  
1-800-562-6900  
[insurance.wa.gov/shiba](http://insurance.wa.gov/shiba)

**Sea-Mar**  
360-726-6720  
[seamar.org/clark-medical-vancouver-eastvancouver.html](http://seamar.org/clark-medical-vancouver-eastvancouver.html)

**Smoking Cessation: WA Tobacco Quit Line**  
800-QUIT-NOW (800-784-8669)  
1-855-335-3569 (for Spanish)

## DENTAL

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**Cascadia Technical Academy, Dental**  
360-604-1057  
[cascadiatechnicalacademy.org/dental-clinic](http://cascadiatechnicalacademy.org/dental-clinic)

**Clark County Dental Society**  
360-574-7477  
[clarkdentists.org](http://clarkdentists.org)

**Clark College Dental Hygiene School**  
360-992-2158  
[clark.edu/dentalthygiene](http://clark.edu/dentalthygiene)

**Free Clinic of SWWA**  
360-313-1390  
[freeclinics.org/services/dental-services/](http://freeclinics.org/services/dental-services/)

## EYE CARE

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**Camas Lions Club Sight Program**  
360-608-4306  
[lionsofcamas@gmail.com](mailto:lionsofcamas@gmail.com)

**Infant SEE Eye Exams**  
1-888-396-3937  
[infantsee.org](http://infantsee.org)

**Vancouver Eye Care**  
360-823-2020  
[vancouvereyecare.com](http://vancouvereyecare.com)

**Zenni Optical**  
*Affordable eyewear.*  
[zennioptical.com](http://zennioptical.com)



## TRANSPORTATION

**C-Tran**  
360-695-0123  
c-tran.com

**C-Tran Youth Opportunity Pass**  
*For middle school & high school students.*  
c-tran.com/fares/youth-opportunity-pass

**C-Tran Dial-A-Ride**  
c-tran.com/c-tran-services/the-connector

**ESD 112 Specialized Transportation**  
360-750-7510  
Toll free 1-800-233-4883  
esd112.org/specialtrans



## UTILITIES

**AT&T Lifeline Services**  
800-377-9450  
att.com/lifeline

**City of Camas Utilities Assistance Program**  
*For Camas residents only.*  
360-834-2462

**Clark Public Utilities Energy Assistance/Operation Warm Heart**  
360-992-3000  
clarkpublicutilities.com

**Internet Essentials-Comcast**  
1-844-252-7452  
internetessentials.com

**Power outage only! Helpline**  
360-992-8000

**Safe Link**  
1-800-723-3546  
safelinkwireless.com



## EMERGENCY & FAMILY SUPPORT HOTLINES

*For emergency situations requiring immediate on scene response, dial 9-1-1.*

**Child Protective Services - Region 6**  
1-866-764-2233  
dcyf.wa.gov/safety/report-abuse

**Clark County Teen Talk**  
360-397-2428

**Domestic Violence Hotline**  
1-800-695-0167 or 360-695-0501

**Family Help Line**  
1-800-932-4673

**Girls & Boys Town 24hr Parenting Hotline**, 1-800-448-3000

**LGBTQ Suicide Prevention Lifeline**  
1-866-488-7386

**National Suicide Prevention Lifeline**  
1-800-273-8255  
Available 24 hours a day

**Southwest Washington Crisis Line**  
800-626-8137 | TTY 866-835-2755  
Behavioral health crisis services are available 24/7

**Trevor Lifeline**  
1-866-488-7386

## ALCOHOL & DRUG TREATMENT AND EVALUATIONS

**Al-Anon**  
360-693-5781

**Alcoholics Anonymous**  
360-694-3870

**CSNW**  
Alcohol and drug evaluation  
360-397-8488

**Lifeline Connections**  
1-800-604-0025

### WEBSITES FOR INFO ABOUT DRUGS & ALCOHOL:

Campaign for Tobacco Free Kids  
Start Talking Now  
Partnership for Drug-free Kids  
Unite Washougal  
Youth Now

## LOCAL COUNSELING & MENTAL HEALTH AGENCIES

**Children's Center**  
360-699-2244

**Children's Home Society**  
360-695-1325

**Columbia River Mental Health**  
360-993-3000

**Family Solutions**  
360-695-1014

**Real Life Counseling**  
360-619-2226

**Sea Mar**  
360-566-4432

**Western Psychological and Counseling Services**  
360-906-1190

### WAYS TO FIND A LOCAL MENTAL HEALTH PROVIDER:

**Psychology Today**-Find local mental health care professionals in our area

**GoodTherapy**-Find local mental health care professionals in our area

**Mental Health America**-Helps you navigate how to find a therapist that fits your needs

*If you have insurance benefits, look at your panel of providers and find one that fits your needs.*

# CAMAS

SCHOOL DISTRICT



The Camas School District #117 does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. Every effort is made to ensure that all employment decisions are administered in accordance with the principles of equal opportunity.

The following employees have been designated to handle questions and complaints of alleged discrimination:

Stephon Okibedi, [stephon.okibedi@camas.wednet.edu](mailto:stephon.okibedi@camas.wednet.edu), Title IX and Compliance Coordinator/ADA Coordinator; and

Sheree Gomez-Clark, [sheree.gomezclark@camas.wednet.edu](mailto:sheree.gomezclark@camas.wednet.edu), Section 504.

Both may be contacted at 360-335-3000 or 841 NE 22nd Avenue, Camas, WA 98607.