

**BEHAVIORAL HEALTH RESOURCES:** Camas School District is committed to supporting the well-being and mental health of all students. Students and families are encouraged to contact their school counselor for additional information, support, and resources.

**EMERGENCY & FAMILY SUPPORT HOTLINES:** For emergency situations requiring immediate on-scene response, dial 9-1-1.

[Southwest Washington Crisis Line](#): 1-800-626-8137 | TTY 1-866-835-2755. Behavioral health crisis services are available 24/7.

[988 Suicide Crisis Hotline](#): Call or text 24/7.

[National Suicide Prevention Lifeline](#): Call 1-800-273-8255. Available 24 hours a day.

[LGBTQ Suicide Prevention Lifeline](#): 1-866-488-7386

[Trevor Lifeline](#): 1-866-488-7386

[Clark County Teen Talk](#): **Call** 360-397-2428 or text 839863.

[Family Help Line](#): Call 1-800-932-4673 to talk with Family Help Line coaches.

[Children's Crisis and Stabilization Services through Catholic Community Services](#):  
360-567-2211

[Domestic Violence Hotline](#): 1-800-695-0167 or 360-695-0501

[Child Protective Services](#): 1-866-END-HARM

[Girls & Boys Town 24-hour Parenting Hotline](#): 1-800-448-3000

**ALCOHOL AND DRUG TREATMENT AND EVALUATIONS:**

[Al-Anon](#): 360-693-5781

[Alcoholics Anonymous](#): 360-694-3870

[CSNW](#): Alcohol and drug evaluation, 360-397-8488

[Lifeline Connections](#): Alcohol and drug evaluation, 800-604-0025

### **WEBSITES TO VISIT TO LEARN MORE ABOUT DRUGS & ALCOHOL:**

[Start talking now.org](#)

[Youth Now](#)

[Partnership for drug free kids](#)

[Campaign for Tobacco Free Kids](#)

[Unite Washougal](#)

### **EATING DISORDER RESOURCES:**

[National Institutes of Health - Eating Disorders](#): 1-866-615-6464

[NEDA](#): 1-800-931-2237

[Columbia River Eating Disorder Network](#)

### **LOCAL COUNSELING & MENTAL HEALTH AGENCIES:**

[Children's Center](#): 360-699-2244

[Columbia River Mental Health](#): 360-993-3000

[Children's Home Society](#): 360-695-1325

[Family Solutions](#): 360-695-1014

[Sea Mar](#): 360-566-4432

[Real Life Counseling](#): 360-619-2226

[Lifestance](#): 360-906-1190

**WAYS TO FIND A LOCAL MENTAL HEALTH PROVIDER:** Check with your insurance provider first. Here are some other resources to help you search for private practice mental health professionals near you by insurance, issues, sexuality, gender, age of clients they work with, languages they speak, faith, types of therapy, and more.

[Psychology Today](#): Psychology Today is a great site to find local mental health care professionals in our area.

[GoodTherapy](#): A great site to find local mental health care professionals in our area

[Mental Health America](#): A site that helps you navigate how to find a therapist that fits your needs

*This information is provided as a courtesy and does not constitute or imply recommendation or endorsement by Camas School District. This list complies with [HB 1373](#).*

