



List of Local Food Resources: <https://www.camas.wednet.edu/Camas2016/wp-content/uploads/Local-Food-Resources-2.pdf>

There are many ways to ensure food security for your family. The following easily accessible resources can help stretch the family food budget! The pantry at the FCRC is an emergency resource when the others below have already been used.

1. Enroll in Washington's Basic Food Program. This link provides the 2 ways to apply, and I have heard that calling the office is the quickest way. <https://www.dshs.wa.gov/esa/community-services-offices/state-food-assistance-program-fap> This second link provides the approximate income qualifying amounts based on family size – and I have heard that they compensate for amount of rent paid: https://www.dshs.wa.gov/sites/default/files/ESA/csd/documents/bfcalculator/bf_benefit_estimator.htm
2. Apply for the Camas School District Free and Reduced Lunch Program: <https://www.camas.wednet.edu/schools-resources/resources/meals/> inquire with Nutrition Services or download and complete the application here on the school district website: [English](#) or [Espanol](#).
3. Enroll in the **Weekend Food Backpack Program** which is operated by the Inter-Faith Treasure House and for this resource our school district is grateful!! **You can participate in the program by calling your student's school counselor** who will then send a full backpack home with your student on Friday that they will return empty on Mondays, ready to be filled again on Friday.
4. Also, the Treasure House <https://ifth-cw.org/> provides monthly food boxes to local residents. No appointment necessary. Simply show up at 91 C Street, Washougal, WA 98607, M-F between 10am and 2pm, to fill out a simple form to receive the food box, which I have heard provides a good variety of products. You can also shop the outside perimeter of the store anytime for baked goods and miscellaneous items without going inside for the food box – or in addition to.
5. The C-W Salvation Army, located at 1612 I St, Washougal, WA 98671, provides monthly food boxes, which includes appropriate amounts for family size along with meat. Email kendra.taggart@usw.salvationarmy.org to enroll in the monthly food box program. Also, weekly on Tuesdays there is a USDA delivery when cheese, milk, yogurt and fresh produce is stocked at this local Salvation Army. (The weekly Tuesday produce is while supplies last)
6. Check out the virtual food box delivery through <https://fullcart.org/>. This came recommended by a mom who ordered and received a box which she liked – but said it took some time to receive. But how fun to one day receive a box filled with a variety!
7. Last but NOT least, at this LINK you can find a LIST of ALL of the Food Banks in Clark County: <https://www.clarkcountyfoodbank.org/foodfinder>
8. The Camas FCRC (<https://www.camas.wednet.edu/schools-resources/family-community-resource-center/>) has an emergency pantry that is open from 8:30-4:30pm, except during school holidays. **Because of the increase in need among our families, groceries must fit into two grocery bags – as it's meant to be an emergency supply.** Visitors to the FCRC may leave with four full bags including pantry items, fresh food from the fridge (when available), hygiene products, and pantry items. **Please feel free to use the FCRC after you learn about and start using the other resources on this list.** 😊

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