

## RESOURCES FOR PARENTING LITTLES:

### PARENTING BOOKS:

"RAISING HAPPINESS" BY CHRISTINE CARTER

"RAISING HUMAN BEINGS" BY ROSS GREENE

"MINDFUL PARENTING IN A MESSY WORLD" BY MICHELE GALE

"NO DRAMA DISCIPLINE" BY DANIEL SIEGEL AND TINA PAYNE BRYSON

"THE WHOLE BRAIN CHILD" BY DANIEL SIEGEL AND TINA PAYNE BRYSON

"THE POWER OF SHOWING UP" DANIEL SIEGEL

### CHILDREN'S BOOKS:

"THE FEELINGS BOOK" BY TODD PARR

"MAKING A SPLASH" BY CAROL E. REILEY

"IN MY HEART" BY JO WITEK

"THE POUT POUT FISH" BY DEBORAH DIESEN

"THE PEACE BOOK" BY TODD PARR

"I CAN HANDLE IT" BY LAURIE WRIGHT

"IT'S HARD TO BE FIVE" BY JAMIE LEE CURTIS

"BRAVE AS CAN BE" BY JO WITEK

"THE COLOR MONSTER" BY ANNA LIENAS

"TODAY I FEEL SILLY AND OTHER MOODS THAT MAKE MY DAY"

"WHAT DOES IT MEAN TO BE KIND" BY RANA DIORIO

"HOW ARE YOU PEELING?" BY SAXTON FREYMAN

"WHAT TO DO WITH A PROBLEM" BY KOBI YAMADA

"THE WAY I FEEL" BY JANAN CAIN

"GLAD MONSTER, SAD MONSTER" BY ED EMBERLEY

"THEO'S MOOD" BY MARYANN COCCA-LEFFLE

"THE QUIET BOOK" BY DEBORAH UNDERWOOD

"HANDS ARE NOT FOR HITTING" BY MARTINE AGASSI

"MY MANY COLORED DAYS" BY DR. SEUSS