

EMERGENCY & FAMILY SUPPORT HOTLINES

For emergency situations requiring immediate on scene response, dial 9-1-1

- [Southwest Washington Crisis Line](#): 800 626-8137 | TTY 866 835-2755; Behavioral health crisis services are available 24/7
- [National Suicide Prevention Lifeline](#): 800-273-8255; Available 24 hours a day
- [LGBTQ Suicide Prevention Lifeline](#): 866-488-7386
- [Trevor Lifeline](#): 866-488-7386
- [Clark County Teen Talk](#): 360-397-2428
- [Family Help Line](#) - Talk with our Family Help Line Coaches: 800-932-4673
- Domestic Violence Hotline: 800-695-0167 or 360-695-0501
- Child Protective Services: 866-END-HARM
- Girls & Boys Town 24hr Parenting Hotline: 1-800-448-3000

ALCOHOL & DRUG TREATMENT AND EVALUATIONS:

- [Al-Anon](#): 360-693-5781
- [Alcoholics Anonymous](#): 360-694-3870
- [CSNW](#) - Alcohol and drug evaluation: 360-397-8488
- [Lifeline Connections](#) - Alcohol and drug evaluation: 800- 604-0025

WEBSITES TO VISIT TO LEARN MORE ABOUT DRUGS & ALCOHOL

- [StartTalkingNow.org](#)
- [Youth Now](#)
- [Partnership for Drug Free Kids](#)
- [Campaign for Tobacco Free Kids](#)
- [Unite Washougal](#)

LOCAL COUNSELING & MENTAL HEALTH AGENCIES:

- [Children's Center](#): 360- 699-2244
- [Columbia River Mental Health](#): 360-993-3000
- [Children's Home Society](#): 360-695-1325
- [Family Solutions](#): 360-695-1014
- [Sea Mar](#): 360-566-4432
- [Real Life Counseling](#): 360-619-2226
- [Western Psychological and Counseling Services](#): 360-906-1190

WAYS TO FIND A LOCAL MENTAL HEALTH PROVIDER:

- [Psychology Today](#): Find local mental health care professionals in our area
- [GoodTherapy](#): Find local mental health care professionals in our area
- [Mental Health America](#): Navigate how to find a therapist that fits your needs

If you have insurance benefits, look at your panel of providers and find one that fits your needs