



What we're doing for wellness

SEEING AND SERVING THE WHOLE STUDENT

01 TARGETED SUPPORT
This year, we hired a licensed therapist as the new Social Emotional Support Liaison to assess needs, find service gaps, connect students with resources and train staff.



02 LISTENING & LEARNING
Through surveys, community listening posts, and senior exit interviews we're gathering information about how we can better see and serve each student.



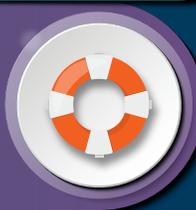
03 CHANGING START TIMES
This fall, our start times will adjust to align with clear and compelling research about adolescent sleep needs.



04 SHARING LEARNING
We've hosted 17 community learning nights on a variety of wellness topics with more come.



05 EASING TRANSITIONS
A new program is helping families make big school transitions.



Why?

Social-emotional health is an increasing concern for parents and community members. In our 2017 survey on ThoughtExchange, parents rated Character Development (#1), Life Skills (#2) and Wellness (#4) among the top things they wanted for their children.

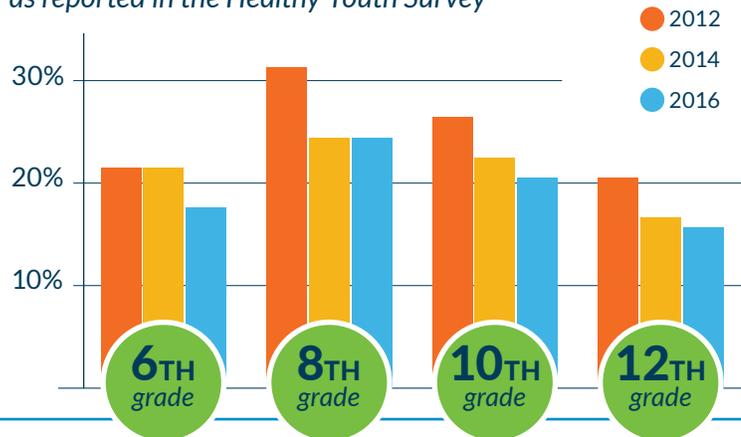
When a child is well socially and emotionally, they feel connected and valued. When they have the skills to navigate school and social relationships, we're able to look beyond their academic performance and know that they're on a path to become good adults.

- Dr. Charlene Williams,
Assistant Superintendent

CSD students see drop in bullying

PERCENT OF STUDENTS BULLIED AT SCHOOL

as reported in the Healthy Youth Survey



SENIORS SET THE EXAMPLE

In 2016, **64% of 12th-graders tried to stop bullying**, up from 55% in 2014.

“While we still have work to do, we are heartened by the downward trend of these numbers and look forward to seeing further declines in bullying.”

- Jeff Snell, Superintendent

Every effort is made to ensure that all employment decisions are administered in accordance with the principles of equal opportunity. The Camas School District #117 does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

The following employees have been designated to handle questions and complaints of alleged discrimination: Marilyn Boerke, Marilyn.Boerke@camas.wednet.edu, Title IX and Compliance Coordinator; and Dana Lighty, Dana.Lighty@camas.wednet.edu, Section 504/ADA Coordinator. Both may be contacted at 360-335-3000 or 841 NE 22nd Avenue, Camas, WA 98607

A caring community of active learners and engaged citizens is composed of humans that are persistent, positive, caring, helpful, open-minded, and willing to accept their shortcomings.

This district is about more than test scores—it’s about students who develop into good human beings.

- A Prune Hill Parent, ThoughtExchange

STUDENT WELLNESS PROGRAM



This winter, CHS Senior Tre Carlisle organized informational sessions for soon-to-be secondary students called “Navigating the Transition to Middle School.” He shared tools and resources and led participants

in group discussions, team-building exercises and confidence-building tactics.

EASING TRANSITION ANXIETY

In 2017 Camas Educational Foundation (CEF) awarded the district with a grant to assist in funding our core priorities, one of which is helping students and families of fifth- and eighth-graders smoothly make the transitions to middle and high school.

For more information about our student wellness program visit: tinyurl.com/CSDwellness

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