If you or your child have symptoms of pertussis, see your health care provider. Symptoms include:

- Cold-like symptoms and a cough that worsens over 1-2 weeks.
- Coughing spells followed by a “whooping” noise, difficulty catching your breath or vomiting.
- Coughing is often worse at night and cough medicine usually does not help.
- People with pertussis usually do not have a fever.

Get immunized

- Make sure you and your family are current on pertussis vaccinations.
- Start immunizing children at 2 months of age.
- Children and adults 11-64 years of age get continued protection with boosters that include pertussis vaccine.

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Remember to use every day practices to stop the spread of germs.

- Wash hands often for at least 20 seconds.
- Always cover coughs and sneezes with inside of elbow or tissue.
- Stay home when sick.

For more information call your health care provider or Clark County Public Health at (360) 397-8182.