



Zellerbach Zebras

JDZ Zephyr

Wall of Fame

Have you noticed the Wall of Fame in our front hall? This year we have introduced a new program to honor some of the many accomplishments of our students. Each month classroom teachers select three students from their class for recognition. These are students who are models because of their personal character traits. Mrs. Erdmann and Mrs. Marvin visit each classroom to announce the honorees, awards are posted on the Wall of Fame, and names are announced on JDZ Morning News. We are grateful to our PTA for funding and to PTA volunteers Teresa Sawyer and Joan Emberlin for organizing a cart full of enticing books at all levels for award recipients.

September Wall of Fame Honorees

Keller AM

Simranjit B. - Hard Work
Sariah S. - Friendship
Dylan T. - Friendship

Keller PM

Jessie B. - Friendship
Garrett P. - Enthusiasm
Emma S. - Cooperation

Young AM

Lauren F. - Hard Work
Cole K. - Hard Work
Adam W. - Hard Work

Young PM

Zachary B. - Hard Work
Wiley H. - Hard Work
Nicole W. - Hard Work

Della Valle

Austin C. - Respectful
Samuel H. - Respectful
Noah L. - Respectful

Lange

Tyler F. - Responsible
Nicholas P. - Hard Work
Alexandria R- Hard Work

Sanchez

Jackson D. - Enthusiasm
Blaise D. - Hard Work
Dean P. - Hard Work

Curtin

Sierra G. - Enthusiasm
Maia L. - Hard Work
Adin R. - Enthusiasm

Hanson

Brandon A.- Hard Work
Danilo K. - Responsible
Josh M. - Enthusiasm

McCoy

Aiden H. - Enthusiasm
Zachary M.-Hard Work
Mason S. - Respectful

Chan

Alexis G. - Responsible
Krishnan N. - Responsible
Scott S. - Responsible

Johnson

Emma F. - Responsible
AJ S. Hard Work
Patrick-Fitness and Skill

Wiest

Sierra C. - Hard Work
Finn D. - Respectful
Katelyn R. - Enthusiasm

Thielbar/Schroeder

James M. - Hard Work
Tallana P. - Cooperation
Samuel Q. - Respectful

Honeycutt

Samuel A. - Hard Work
Alisha H. - Confidence
Rachel H. - Respectful

Grabenkort

Jamil T. - Had Work
Jalila B. - Enthusiasm
Ryan W. - Respectful

Brouillet

Erika B. - Cooperation
Brandon M. - Loyalty
Anita S. - Hard Work

Crone

Matthew A.- Hard Work
Andrew R. - Hard Work
Hailey S. - Enthusiasm

Juenger

Kaylie B. - Alertness
Triston G. - Determination
Noah M. - Poise



October Wall of Fame Honorees

Keller AM

Chase F. - Respectful
Shih-Hua L. - Hard Work
Armando V. - Cooperation

Keller PM

Lena B. - Hard Work
Mia K. - Respectful
Abigail S. - Determination

Young AM

Stone A. - Friendship
Anton B. - Friendship
Aria P. - Friendship

Young PM

Anne G. - Friendship
Annalin K. - Friendship
Brock M. - Friendship

Della Valle

Mary D. - Friendship
Cassie N. - Friendship
Hailei P. - Friendship

Lange

Zachary F. - Determination
Maliya J. - Responsible
Caden W. - Friendship

Sanchez

Seth G. - Friendship
Chloe H. - Friendship
Allysa T. - Friendship

Curtin

Jordan D. - Friendship
Claire J. - Friendship
Tate P. - Friendship

Hanson

Jessica H. - Friendship
Cassidy K. - Friendship
Sophia M. - Friendship

McCoy

Sydney D. - Hard Work
Mitchell M. - Team Spirit
Carson B. - Friendship

Chan

Kelsea F. - Hard Work
Thinley L. - Hard Work
Ariel R. - Hard Work

Johnson

Alaya M. - Confidence
Alex Q. - Respectful
Makenna W. - Friendship

Wiest

Tayvin D. - Fitness & Skill
Macy H. - Team Spirit
Kristian L. - Team Spirit
Brannan M. - Team Spirit

Thielbar/Schroeder

Louie A. - Hard Work & Enthusiasm
Allison B. - Determination
Haley C. - Personal Best

Honeycutt

Hannah T. - Enthusiasm
Marissa W. - Responsible
Jacob W. - Determination

Grabenkort

Brandi B. - Manners & Confidence
Alaina F. - Self Control
Aubrey J. - Team Spirit

Brouillet

Kasey L. - Enthusiasm
Jacob N. - Fitness & Skill
Mitchell Q. - Responsible

Crone

Kris A. - Team Spirit
Brendan B. - Determination
Holly D. - Friendship

Juenger

Vishal N. - Respectful
Michael S. - Enthusiastic
Courtney W. - Hard Work

How much is enough? Am I spoiling my child?-An Article From the Camas Elementary Counselors

As a parent, I wanted to give my children the best of everything but it was hard to decide how much was enough and I found myself feeling guilty that I was not giving them enough or mad because I felt pressured to give more. Parent educators have started to explore this topic and are finding that there can be long term impacts on our child's ability to function in the adult world if you overindulge him or her. My intent in this article is to peak your interest and to start conversations exploring what is overindulgence and what we can do about it.

Jean Illsley Clarke, Connie Dawson, and David Bredehoft are well known in the field and co-wrote a book called "How much is Enough?" I would encourage you to explore their website at www.overindulgence.info. They define overindulgence as "giving too much of what looks good, too soon, too long. It is giving them things or experiences that are not appropriate for their age or their interests and talents. It is the process of giving things to children to meet the adult's need and not the child's." In addition, "overindulgence can be hard to identify because it does not look out of the ordinary, it can come from a place of good intentions, and can slowly creep into any family." It is something we probably all do at some level, but if it becomes chronic or an automatic pattern, it can be harmful. It is more than spoiling and occurs in three ways; giving too much (i.e. too many toys, activities or anything that costs money), over nurturing (i.e. doing things for children that they can do themselves or fixing problems for them), and providing structure that is too soft (i.e. no rules, no chores, and letting them have too many choices).

According to Dawson, Illsley-Clarke, and Bredehoft, here are the four common clues to ask about each situation you find yourself in with your child.

- Does the situation hinder the child from learning the tasks to support his or her development and learning at this age?
- Does the situation give a disproportionate amount of family resources to one or more of the children (resources include time, money, space, energy, attention, etc.)?
- Does the situation exist to benefit the adult more than the child? Does the child's behavior potentially harm others, society, or the planet in some way?

If the answer is yes to any one of these, there is likely an overindulgence problem. The answer of what to do specifically will vary from situation to situation and there are many good basic parenting programs that can help. However, in general, we need to be comfortable using the words "stop" and "no." We can expect our children to participate and help around the house, we can allow for opportunities for our children to fail and solve their problems for themselves, we can set limits, give them chores, and we can expect them to treat us with respect. If you want to explore more, check with your counselor or go to the above mentioned website.

Calendar of Events

Wed., Nov. 19 Camas Roots Mtg., Library 5:00 PM
Mad Science 1:15-2:15 PM
(Rooms 102 & 304)

Wed., Thurs., Fri. Thanksgiving Break
Nov. 26, 27 and 28

DECEMBER

Mon., Dec. 1 Coffee & Conversation, Library 9:00AM

Tues., Dec. 2 Book Fair opens in Library
(runs through Friday, 11:00 AM)

Wed., Dec. 3 3rd Grade Field Trip, Clark PUD 9:00 AM - Noon
(Rooms 106 & 108)

Tues., Dec. 9 General PTA Meeting in Library 7:00 PM

Wed., Dec. 10 3rd Grade Field Trip, Clark PUD 9:00 AM – Noon
(Room 105)
Storyteller, “Jack and the Sustainable Beanstalk”
Music Room
3rd – 5th Grade – 9:35 - 10:25 AM
K-2nd Grade – 10:35 – 11:15 AM

Thurs., Dec. 18 4th Grade Book Release Party 5:30-6:30 PM

Fri., Dec. 19 Staff-Student Volleyball Game

Dec. 22 – Jan. 2 Winter Break

For more details on events at JDZ, go to www.camas.wednet.edu



Front Office Reminder

It is **imperative** the office be informed of any changes in your child's dismissal plans.

We request a note on the morning of the change with any pertinent information.

Of course we understand that situations occur where changes may need to be made at the last minute. In those instances, a phone call as soon as you know of the change will provide us with an adequate amount of time to get a pass to your student.

As always, if you have questions or need clarification on anything, please do not hesitate to call us at 833-5710. You may also e-mail changes in dismissal plans to anna.smith@camas.wednet.edu

Thank you for helping us make your child's dismissal a happy, stress-free event.



News from Camas Roots Garden

Despite all the rain, many things are still happening in the Camas Roots Garden. Hayes Freedom High School students built 3 raised beds. In late October, we were able to harvest tomatoes, squash, and peppers for the Interfaith Treasure House food bank. Mrs. Grabenkort's 4th/5th class took advantage of a break in the clouds to plant garlic. Youth and a mentor from Juvenile Justice Restorative Community Service helped clean up the beds for winter. Our worm bins now have a guardian angel taking care of them and a load of local sheep manure will be arriving this weekend.

Our next meeting is Wednesday, November 19th at 5 PM in the JDZ Library.

We will be discussing the sustainability of the garden after JDZ closes including how we might collaborate with local groups to maintain the garden as an educational resource while helping supply food to the community. All are welcome to join us for this important discussion.

If you can't make the meeting but would like to get involved in the garden in other ways, please contact Elisa Wells at 833-0925 or info@camasroots.org.